### Work Site Safety Tips

#### Personal Protection
- Hard hat
- Safety glasses
- Dust mask
- Clothing for easy bending but not loose enough to get caught in moving tools
- Use proper body mechanics and get a partner to help lift
- Keep an eye on your load and turn with caution if carrying a long object such as a board
- No running
- Know location of water, first aid kit, fire extinguisher, and telephone/cell phone
- Do not work alone

#### Housekeeping for Safety
- Proper storage of flammables
- Keep entire work site free of debris & spilled liquids—excess tools, small pieces of material, sawdust, mud, banding and packing materials, and power cords should be removed as fast as possible when no longer needed
- Remove nails from scrap lumber
- Electrical cords untangled and in good repair
- Build protective barriers around openings
- Barricade drop areas when dropping materials to the ground
- Stack unused lumber and other materials neatly out of the way of workers
- Minimize carrying distances

#### Hand and Power Tools
- Wear safety glasses when operating power tools and nailing
- Wear hearing protection when operating saws
- Ask for instruction and practice until you can know how to use a tool
- Make sure tool is in good condition
- Don’t bind the blade of any saw
- Don’t overreach with any tool
- Use a good body position so as not to be struck with the tool or flying chips
- Disconnect power before moving a tool, making adjustments, or changing pieces like bits or blades
- Do not use the cord to lift or lower a power tool
- Do not bind the blade of any saw
- Don’t overreach with any tool
- Use a good body position so as not to be struck with the tool or flying chips
- Disconnect power before moving a tool, making adjustments, or changing pieces like bits or blades
- Do not use the cord to lift or lower a power tool
- Do not bind the blade of any saw
- Don’t overreach with any tool
- Use a good body position so as not to be struck with the tool or flying chips
- Disconnect power before moving a tool, making adjustments, or changing pieces like bits or blades
- Do not use the cord to lift or lower a power tool
- Do not fasten extension cords with staples, nails, or suspend by wire
- Never hold work in your hands. Place work on a firm surface

#### Ladders & Scaffolding
- Inspect before use
- Use for the purpose intended, not for skids, braces, or work benches
- Use proper size for the job
- Always set up equipment as designed, make sure all latches and other mechanisms are properly engaged
- Do not place tools or materials on steps or platform
- Use proper angle and secure non-self-supporting ladders
- Extend top of ladder beyond the supporting object at least 3 feet when used as access to an elevated work area
- Overlap extension ladders at least 3 rungs
- Keep body near middle of the ladder - avoid leaning off the edge
- Do not step on the top rung or platform of a ladder
- Do not carry anything that will prevent holding on with both hands; use a tool belt or bag
- One person at a time on ladder
- If necessary to place a ladder in or over a doorway, barricade the door
- Do not use metal ladders near an electrical exposure
- Know how to set up scaffolding properly or get instruction and help
- Know safe working loads for scaffold and work within those limits
- Do not allow tools, material, debris to accumulate on scaffold; barricade drop area when cleaning

#### Rough-In Carpentry
- Always wear a hard hat during framing stage. Watch for materials falling from above
- Watch your footing
- Cover stair openings
- Never step backwards on a roof
- Get instruction for each task and make sure there are enough people to do it safely
- Make sure walls, etc are fully supported until braced
- Make sure people are not working below other workers

#### Siding
- Minimize carrying distances
- Remove nails from scrap and discard properly
- Use proper hand tools

#### Landscaping
- Use proper tools in good condition
- Do not over lift, place supplies close and get help if needed
- Know location of underground utilities before digging

#### Insulation & Drywall
- Utility knives—use sharp, good blades
- Keep hands safely away from blades, retract when not in immediate use
- When working with insulation, wear sturdy, loose, long-sleeved clothing, gloves and safety goggles, face mask, and a hat
- If particles get on skin, do not scratch. Shower as soon as possible
- Stack drywall materials so that they are stable and secure
- Never pull a drywall stack away from the wall, as drywall is very heavy
- Use safety goggles, face masks for drywall dust